

# DRIVER QUESTIONNAIRE

Devised by Dr Michael Reddy.

Take each of the numbers in turn. Among the five items pick out the one which is the *truest* for you and give it a high mark (between 7 and 10). Then take the statement which is the *least true* for you and give it a low mark (between 0 and 3). Then mark the other three statements with scores between your lowest and highest mark.

The first set may take you some time, but once you have the system going, work steadily at the rest. From there it should take 15 minutes or so.

			Score	
1	a	Endurance is a valuable asset	<input type="text"/>	a
	b	I like to see people doing their best to get things right	<input type="text"/>	b
	c	Considering all the effort I put into things I should get more done.	<input type="text"/>	c
	d	I find myself doing too many things at the last minute	<input type="text"/>	d
	e	On balance I adapt more to other peoples wishes than they do to mine	<input type="text"/>	e
2	a	Casualness and carelessness bother me.	<input type="text"/>	a
	b	It's keeping on doing things that interest me more than finishing with them.	<input type="text"/>	b
	c	When people are slow about saying something I want to interrupt or finish the sentence.	<input type="text"/>	c
	d	I have a fair amount of imagination when it comes to guessing what people need.	<input type="text"/>	d
	e	When someone gets emotional my reaction is often to make a joke of it or else be critical.	<input type="text"/>	e

- 3
- a I don't mind things being hard - I can always find the energy.  a
  - b I prefer to use just the minimum necessary time to get to a place.  b
  - c If someone doesn't like me I either try hard to get them to like me *or* I walk away  c
  - d It's rare for me to feel hurt.  d
  - e If it's a question of doing something properly I'd rather do it myself.  e

- 4
- a I get impatient with slow people.  a
  - b Normally I prefer to take peoples wishes into account before deciding something  b
  - c I show a calm face even when my feelings are running high  c
  - d I don't like making excuses for poor work  d
  - e There's something about coming to the end of a job I don't like  e

- 5
- a I put a lot of effort into things  a
  - b Sometimes its better to just do something and leave the discussion till later  b
  - c I'm cautious about asking favours  c
  - d I don't let people look after me very much  d
  - e I sometimes find it hard to stop myself correcting people  e

- 6
- a Sometimes I talk too quickly.  a
  - b I'm uncomfortable when people are upset or displeased with me  b
  - c I dislike people making a fuss about things  c
  - d Things can always be improved on  d
  - e I don't believe in the "-easy way".  e

- 7
- a I think I do a lot to be considerate towards others  a
  - b I usually manage to cope even when I feel I've had more than enough  b
  - c I prefer doing things really well even if it takes longer  c
  - d I tend to start things then gradually lose energy or interest  d
  - e I want to get a whole lot of things *finished*, then I run out of time.  e

- 8
- a I'm not what you would call soft  a
  - b I prefer to do things right first time than have to re-do them  b
  - c I sometimes repeat myself because I'm not sure I've been understood  c
  - d My energy is often at its highest when I have a *lot* of things to do  d
  - e It's quite hard to say no when someone really wants something  e

- 9
- a I like to use words correctly  a
  - b I like exploring a variety of alternatives before getting started  b
  - c It's quite like me to be already thinking of the next thing before I've finished the first.  c
  - d When I'm sure someone likes me I'm more at ease  d
  - e I can put up with a great deal without anyone realising it  e

- 10
- a People who just want to get finished with something tend to irritate me  a
  - b I prefer to just plunge into something rather than have to plan  b
  - c If a person doesn't know what I want I'd rather not have to ask directly  c
  - d Other people start whining and complaining before I do  d
  - e I prefer to correct myself than have other people correct me  e

- 11
- a If I had 20% more time I could relax more  a
  - b I often smile and nod when people talk to me  b
  - c When people get excited I can stay very cool and rational  c
  - d I can do something well and still be critical of myself  d
  - e There are so many things to take into account it can be hard to get to the end of something  e

- 12   a   I have a good intuitive sense if someone likes me or not      a
- b   I think duty and reason pay off better than emotion in the long run      b
- c   I tend to see quickly how something could be improved on      c
- d   Some people have a habit of over-simplifying things      d
- e   Sometimes the more there is to do, the more I get done      e

Section	<b>BS</b>		<b>BP</b>		<b>TH</b>		<b>HU</b>		<b>PP</b>	
1	a		b		c		d		e	
2	e		a		b		c		d	
3	d		e		a		b		c	
4	c		d		e		a		b	
5	d		e		a		b		c	
6	c		d		e		a		b	
7	b		c		d		e		a	
8	a		b		c		d		e	
9	e		a		b		c		d	
10	d		e		a		b		c	
11	c		d		e		a		b	
12	b		c		d		e		a	
Totals	<b>BS</b>		<b>BP</b>		<b>TH</b>		<b>HU</b>		<b>PP</b>	