

DRIVERS - outline descriptions

Be Perfect. This arises from messages which the Child interprets as meaning that in order to be accepted I must 'be perfect'. (I'll be all right as long as I'm perfect). The individual following this driver strives to do everything perfectly. Everything must be in its place, all jobs finished in the minutest detail, all t's crossed and i's dotted. Such a person is ideal for jobs where minute attention to detail and concern for getting every aspect right is an essential consideration. The negative side is that the 'be perfect' individual will never feel satisfied. In the real world, no job will ever be completed perfectly. In the extreme they will always feel as though they are failing, because they can never live up to their own expectations.

Hurry Up. People with a hurry up driver are always in a rush. (I'll be all right as long as I hurry). They scurry from appointment to appointment, or are always terribly busy getting the current job finished, because there are more jobs lined up. The positive side is that they have a lot of energy and often do achieve a lot. However, in their rush things may not be done too well and they may forget things. This means they have seldom time for themselves and feel very driven.

Try Hard. With this driver the individual keeps on making great efforts to achieve whatever it is they set out to do. (I'll be all right so long as I keep trying). They put in a lot of effort, but often don't quite manage to make it - jobs never quite get completed because they prefer to make the great initial effort and then go on to something else to try hard again.

Please People. Here the child determines that, in order to be accepted, they must do as required by the parents or other parent figures. (I'll be all right so long as I do what they want). The person with this driver spends much of their time 'sussing out' what others want and then setting *out* to do it. Consequently, they are often very helpful and useful people to have around, particularly in the occupations involving service to others. They will strive hard to provide a particular service to the client's satisfaction. The negative side is that they rarely get what they want for themselves, because they are so busy pleasing others. They often feel 'put upon' by others. Assertiveness can often be a problem. They are also often very critical of others who do not have the please people driver and very affronted at their thoughtless behaviour.

Be Strong. People operating on this driver spend much of their time being a tower of strength and supporting everyone around them. (I'll be all right as long as I don't show weakness). They are very good in an emergency and will always be enormously supportive. On the the negative side they find it hard to express their feelings. Having feelings they see as a sign of weakness. They may often feel resentful that no one ever does anything for them. Others, of course, never see them as needing anything, because they are always so busy being strong.